

Paola Rosalba Russo

Salvatore Piero Fundarò

# THE INVISIBLE FACELIFT

MANUAL OF CLINICAL PRACTICE

2<sup>nd</sup> Edition



Officina Editoriale Oltrarno

# THE INVISIBLE FACELIFT

MANUAL OF CLINICAL PRACTICE

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*The Publisher*



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Salvatore Piero Fundarò

# THE INVISIBLE FACELIFT

MANUAL OF CLINICAL PRACTICE

Presentations by Roberto Pizzamiglio and Javier De Benito

with contributions by Teguh Tanuwidjaja

Roberto Pizzamiglio, Fernanda Distante,  
Ivano Iozzo, Franco Vercesi, Magda Belmontesi



Officina Editoriale Oltarno

FIRENZE

# PRESENTATION



*Rejuvenation of the face with techniques that are increasingly less invasive and at the same time more effective is a constant and fascinating challenge. Besides being a meticulous and rigorous scientific discipline it is also an art that is the fruit of continuous research and brilliant intuitions.*

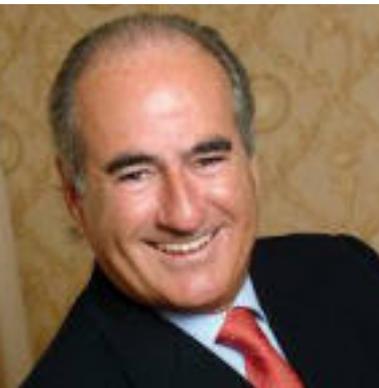
*In this work, because it is not just a book that you pick up to consult, you will find a diligent description of the state of the art of facial rejuvenation. Techniques, materials, anatomy, side effects, indications, suggestions and the results of decades of “in the field” experience have become available, offered in these pages with professionalism and competence, but above all with modesty and love for this profession by Paola Rosalba Russo and Piero Fundarò.*

*Two experts who have always dedicated so much of their time always learning more and teaching without secrets.*

*I am sure I’m not exaggerating when I say that without their contribution our work against facial aging would be quite different. And I confirm this with no reservations after personally witnessing the brilliant techniques and contributions brought to suspension sutures by Dr. Russo.*

*My thanks, along with those of a host of others, go out to the two authors of this great work.*

*Roberto Pizzamiglio, MD  
Marbella*



*There is no better book in a medical library than one that can be consulted quickly and easily on any matter regarding a specific procedure as is possible with this book.*

*This book by Dr. Russo and Dr. Fundarò brings all these qualities together from the first page to the last. It is the ideal book to have in one’s office to turn to in order to resolve a doubt or learn a technique related to non-aggressive (i.e. non-surgical) facial rejuvenation.*

*We observe how complete the index is, crucial for knowing where to find what we are looking for instantly and without wasting time.*

*When we find the procedure or technique we have been looking for, we have a detailed clinical, anatomical description of those points we should take into account; useful tricks, which are always the most difficult to explain; indications and contraindications; and possible complications, plus how to solve them, should they occur.*

*Techniques are shown for young professionals who are becoming initiated in techniques, and also for experts who wish to modify and improve their techniques.*

*And finally, the book brings together a compendium of all those different techniques involved in non-invasive facial rejuvenation so that we can treat a problem according to the patient’s needs, in line with our indications, in order to be able to treat each problem with the right technique at the right moment.*

*Thank you Dr. Russo and Dr. Fundarò for your efforts in producing this book, which will help us all to have a better understanding of non-invasive procedures for the facial rejuvenation of our patients.*

*Javier De Benito, MD  
Barcelona*

# PREFACE

*Order. Serenity. Balance. Harmony. These are the cornerstones on which I have founded my professionalism and my work. It is said that the face is the mirror of the soul. And when it carries the ineluctable signs of time and when it risks to dim a deep gaze or the brightness of a smile it is then that I feel the importance and am proud of the honor of the task I have been called to perform.*

*Not to upset but to improve. Soften small imperfections which with a domino effect can exaggerate a person's insecurity. Improve the image reflected in the mirror and the image a person has of himself with a perfect balance between the inner and outer self. When the first edition of my book came out I never would have thought another, updated, improved and more detailed, would follow. But I have received so much satisfaction from my professional experience and in particular from my experience with suspension threads, that I decided to publish a new and more complete edition of the first volume.*

*Beauty lies in balance and harmony. There are no stereotypes or models to imitate. But there are women and men who feel the need to restore this balance and harmony when they have gone missing over time or to discover them where they have never experienced them. This is my endeavor, personal before professional. I must thank the colleagues who are above all my friends: Dr. Roberto Pizzamiglio, Dr. Teguh Tanuwidjaja, Dr. Ivano Iozzo, Dr. Franco Vercesi and Dr. Magda Belmontesi for the scientific contributions they have given to this book. And a special thanks to Dr. Fernanda Distante for the fantastic idea regarding the Centripetal Approach for which I am enormously grateful. And finally, to my dear friend and co-author Dr. Salvatore Fundarò.*

*Paola Rosalba Russo, MD*

*Aging of the face is an extremely complicated and articulated process. There are multiple anatomical modifications involved and they include all the different tissues: bone, muscle, ligament, fatty tissue and skin. In each of our patients these processes are manifested in a unique and unrepeatable way and it is up to our professional skill to analyze them correctly, plan suitable therapy and carry it out correctly and efficiently.*

*The face is a puzzle that must be solved by understanding the processes that caused its aging. Like all puzzles it requires dedication, concentration, experience and, above all, logic in order to solve it. This book, which is coming out in a second, expanded edition with new contents and techniques, will contribute to making us increasingly more capable of proposing appropriate treatment which fully satisfy our patients' needs.*

*Proceeding with a meticulous and logical approach in evaluation, planning and treatment, we are also able to guarantee results that are always natural and that respect each patient's features.*

*Naturalness must be our ultimate goal in order to give a fresh, rejuvenated, harmonious and "personalized" look. For me it is an immense pleasure to continue this editorial adventure in the company of Rosalba Russo, with whom I have shared the same passion for mini-invasive aesthetic treatment of the face for more than 20 years. We have always stimulated and spurred each other in our professional and teaching collaborations and for this I would like to give her a heartfelt and affectionate thanks.*

*Salvatore Piero Fundarò, MD*

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Since January 2004 he has been Professor and Member of the Scientific Committee at the Valet University Post - CPMA - School in Bologna.

He is Vice President of SIES (Italian Society of Aesthetic Medicine and Surgery). He is the founding President of RCIS (Research Center of Injectable Safety). Founder of AITEB (Italian Association of Cosmetic Botox Therapy).



# ACKNOWLEDGEMENTS

*I would like to dedicate this book to the memory of my mother, my son Alexander and my sister Anna.*

*A big thank-you also goes to my Publisher for his support and professionalism.*

*Paola Rosalba Russo, MD*

*Thank all the doctors and professionals I have met while carrying out my teaching activities in Italy, Malta and other countries around the world. Each of them has contributed to the production of this second edition in some way, even if only through simple participation in a practice course, a workshop or an anatomy class. Indeed, it is precisely from this kind of activity that I gather the best ideas for improving my teaching efforts.*

*Finally, I thank my family (Daniela, Alice and Jacopo) who continue to support me in this activity although it takes up so much of our free time.*

*Salvatore Piero Fundarò, MD*

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