

ALESSIO REDAELLI - FRÉDÉRIC BRACCINI - NATALIA SUKMANSKAYA

ART & SCIENCE IN AESTHETIC MEDICINE

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MASTERING YOUR ART,
STRENGTHENING
YOUR SCIENCE



Officina Editoriale Oltrarno

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Officina Editoriale Oltrarno

Coordinators



DR. FRÉDÉRIC BRACCINI

Dr. Braccini graduated from the Faculty of Medicine at the University of Marseille, where he held positions as a Senior Intern, Hospital Assistant, and Clinical Head Physician. He served as an Associate Surgeon at the American Hospital of Paris from 2009 to 2011 and has been in private practice in Nice since 2001. He has been affiliated with the French Medical Council since 1998 and became affiliated with the General Medical Council (UK) in 2014 and the Switzerland Medical Council in 2015.

Dr. Braccini is recognized as an international expert in surgery and aesthetic medicine. He holds numerous Teaching French Inter University Diplomas from institutions such as Paris, Nice, and Lyon. Additionally, he conducts private teaching courses across Europe and delivers lectures at conferences worldwide, including venues in the USA (such as Boston's Harvard University and New York), India (New Delhi), the UAE (Dubai), South Africa (Cape Town), North Africa (Marrakech and Casablanca), Europe (France, Monaco, Italy, Spain, Portugal, Poland, Russia, Switzerland, and the UK).

He has served as the President of the Advanced Medical and Surgical Aesthetic Society (SAMCEP) and as the Secretary for the French Society of Facial Plastic Surgery. Dr. Braccini is also a member of prestigious organizations such as the European Academy of Facial Plastic Surgery and the Rhinoplasty Society of Europe. In 2014, he became a member of the American Society of Plastic Surgeons.

Dr. Braccini has played a significant role in organizing numerous congresses and has authored numerous scientific studies and books on facial plastic surgery and aesthetic medicine. He holds the position of Key Opinion Leader for several companies and scientific committees. He was one of the scientific co-founders of the Face2face Congress and currently serves as the Scientific Course Director for events such as the AMWC congress, Visage Congress, Botulinum Toxin course, Face Aesthetics Masterclass, Nice Rhinoplasty course, and the ENT & Esthetic Corsica congress.

Coordinators

PROF. ALESSIO REDAELLI

Prof. Redaelli holds the position of Professor of Aesthetic Medicine at the University of Genoa, Italy. He is recognized as the pioneer of aesthetic medicine in Europe. His journey in the field of aesthetic medicine began after graduating from Milan Medical University in 1978. After graduation, he specialized in vascular surgery and embarked on his career in medical aesthetics.



Over the years, he has amassed a wealth of experience in this field, establishing himself as one of the most esteemed and renowned experts in aesthetic medicine. Prof. Redaelli is deeply passionate about teaching. He founded a medical aesthetic course and is actively involved in educating aesthetic doctors through his private practice while also holding a professorial role at Genoa University.

He is a leading educator in Iapem and Aims Italian schools of aesthetic medicine and serves as the Scientific Director of the Medical Aesthetic and IPAM international congress. Furthermore, he assumes the roles of Chairman and international speaker at some of the most prominent international aesthetic congresses, including IMCAS, AMWC, and Dubai Derma.

Prof. Redaelli specializes in various aspects of aesthetic medicine, including lifting techniques, skin quality enhancement, laser procedures, the use of threads, and non-surgical rhinoplasty. He is one of the key investigators for many international clinical studies in aesthetic medicine.

As an internationally certified medical trainer and ambassador for Laboratoires FILLMED, he is dedicated to advancing medical knowledge and practice. His research interests lie in translational science in clinical practice, with a particular focus on age-related changes in the human face. Prof. Redaelli's passion for medical education is evident through his authorship of more than 35 publications, books, and peer-reviewed articles.

DR. NATALIA SUKMANSKAYA

Dr. Sukmanskaya holds the Head of Global Training and Scientific PR position at Fillmed Laboratoires. With over 19 years of experience in the pharmaceutical industry, she is exceptionally well-qualified in the field of medical education. Dr. Sukmanskaya earned her Medical Doctor degree in 2003 and subsequently completed her Global MBA at Oxford Brookes University Business School, a world-renowned institution. As a strategic expert in medical education, she oversees a dedicated team focused on meeting unmet medical needs and providing optimal solutions for aesthetic doctors worldwide.



Authors in alphabetical order



DR. MICHAEL ALFERTSHOFER

Dr. Alfertshofer graduated in 2022 from Ludwig-Maximilians-University Munich. Since 2020, he has been engaged in research at the Division of Hand, Plastic, and Aesthetic Surgery at the University Hospital Munich (LMU), under the leadership of Univ.-Prof. Dr. med. Riccardo Giunta. His primary interest is plastic surgery, and he has authored and co-authored publications in this field.



DR. ROBERT CHMIELEWSKI

A surgeon since 1998, specializing in aesthetic medicine, and serving as the Head of PRIME CLINIC and Beauty Anti-Aging Academy in Warsaw, Poland. A member of the Polish Society of Aesthetic Medicine and the Anti-Aging Polish Medical Association since 2002. He is known as the author of innovative therapeutic methods that deliver highly effective yet natural skin rejuvenation results. Furthermore, he is the creator of modern lifting techniques tailored to meet individual patient needs, including approaches like the smart network, smartlift, supporting volumetry, arlift antigravity concept, and nonsurgical micro cannulas facelifting. He is a specialist in WAL liposuction and lipo-transfer techniques, coupled with stem cell implementation. Early in his career, he adopted regenerative treatment options, such as Platelet-Rich Plasma (PRP), PRF, and ACP, alongside Microfat and Stromal Vascular Fraction (SVF), combining these with skin boosters like Na Succinate and NCTF® in his clinic. He developed a comprehensive, multilevel facial tissue correction technique known for delivering natural results. Additionally, he co-authored medical protocols for Ultherapy and Jet Plasma. Driven by his expertise, he serves as an international key opinion leader and a local country mentor and trainer for organizations including Laboratoires FILLMED, Hyalual Institute, Allergan, Teoxane, Croma, and Vivaci. He is a featured speaker at numerous world-renowned anti-aging and aesthetic medicine congresses and holds a teaching position at the European Anti-aging Training Center and Beauty Anti-aging Academy. Moreover, he has authored numerous specialized articles and publications.



PROF. SEBASTIAN COTOFANA

An anatomist with an MD and Ph.D., he holds the Associate Professor of Anatomy position in the Department of Clinical Anatomy at Mayo Clinic College of Medicine and Science in Rochester, Minnesota. Additionally, he serves as an honorary professor at Pirogov Russian National Research Medical University in Moscow, Russia, and as a visiting professor at the University of Belgrade in Belgrade, Serbia. His teaching responsibilities encompass anatomy, embryology, and histology for first-year medical students, residents, and healthcare profession students. His teaching emphasis lies in advanced clinical anatomy for healthcare professionals, residents, and physicians. His primary research interest centers around translational and clinical anatomical research, with a particular focus on age-related changes in the human face and medical education. He has an extensive publication record, including more than 100 peer-reviewed articles, book chapters, and online communications.

Authors



DR. FERIAL FANIAN

A dermatologist and an expert in cutaneous imaging techniques (confocal microscopy, OCT, and high-frequency ultrasound), she has served as a board member of the ICNI group (Non-Invasive Cutaneous Imaging) within the French Society of Dermatology since 2015. She earned her Ph.D. in life and health sciences from the University of Franche-Comté, France, in 2016, where she dedicated over five years to research on primary human melanocytes. With an impressive H-index of 76 and over 28,000 citations to date, she is also the co-editor of the seminal textbook on skin biometry, “Agache’s Measuring the Skin,” published in 2017. Her research career in this field spans more than a decade, with seven of those years as a Scientific Expert and Coordinator at the Center for Studies and Research on Integument (CERT) within the Department of Dermatology at the University Hospital of Besançon, France. She has authored chapters in various dermatologic books, including the “Atlas of Dermatology,” “Dermatopathology and Venereology,” and “Gender Dermatology.” Thanks to her extensive experience in aesthetic injections and laser applications in Dermatology, she serves as a trainer and speaker at several international congresses and events. She is also an academic trainer within the University Diploma Curriculum (DIU France), specializing in “Cosmetic Dermatology, Dermatological Laser, and Cosmetology” since 2012. Additionally, she contributes as a reviewer for various English and French scientific journals, including JEADV, Archives of Dermatology, Journal of Cosmetic Dermatology, Case Reports in Dermatologicals, Medical Staff Dermatology, and Therapeutic Realities in Dermato-Venereology.



DR. KONSTANTIN FRANK

Dr. Konstantin Frank joined Ocean Clinic Marbella in 2023 as resident to further specialize in aesthetic procedures. He conducted his studies in Salzburg, at the Paracelsus Medizinische Privatuniversität (PMU) and in Boston at the Harvard Medical School to obtain his medical degree in 2018. Dr. Frank then started his position as resident at the prestigious Department of Hand, Plastic and Aesthetic surgery at the Ludwig – Maximilian University Munich under the guidance of Prof. Giunta until December 2022. During his time in medical school, Dr. Frank dedicated himself to the anatomical foundation of many surgical interventions and published more than 150 peer – reviewed articles in prestigious journals. In 2019 he was awarded the prestigious “Plastic and Reconstructive Surgery Best Paper Award”. He is also the youngest first-author in the highest ranked plastic surgery journal “Plastic and Reconstructive Surgery” and one of the most cited authors in aesthetic surgery in the last 5 years. Furthermore, Dr. Frank shares his anatomical knowledge as speaker at important international and national scientific meetings around the globe. He serves as an advisor and international speaker for various aesthetic pharmaceutical companies and is involved in the approval of the latest aesthetic devices.

Authors



PROF. HASSAN GALADARI

A graduate certified by the American Board of Dermatology from the Boston University/Tufts University dermatology program in the USA, Dr. Galadari completed a dermatologic surgery and laser procedures fellowship at the University of California-San Francisco. Currently, he is a fellow of the American Academy of Dermatology. Dr. Galadari is an active member of several committees within various international societies, including the American Academy of Dermatology. He serves as the Treasurer General of the International Society of Dermatology and holds the Secretary General position of the International League of Dermatological Societies, representing 100,000 dermatologists worldwide. He received the Presidential Citation Award from the American Academy of Dermatology in 2016 and 2018 for his contributions to the promotion of excellence in the field of dermatology. Dr. Galadari is an Assistant Dermatology Professor at the College of Medicine and Health Sciences of the United Arab Emirates University (UAEU). His primary area of interest lies in cosmetic dermatology, with a particular focus on soft tissue augmentation, for which he holds a patent. He has delivered lectures at numerous international congresses, published extensively in peer-reviewed journals, authored book chapters, and authored a best-selling book titled "Soft Tissue Augmentation: Principles and Practice," which has been translated into Turkish, Spanish, and Portuguese.



DR. WEI JIN HONG

MD & PhD, currently serving as an attending doctor in the Department of Plastic and Aesthetic. Surgery at Guangdong Second Provincial General Hospital in China. His primary interests are aesthetic surgery for the face, breast, as well as non-surgical facial medicine. He is also the author of several publications.



DR. MARINA LANDAU

Medical and cosmetic dermatologist based in Israel. She has been trained in Dermatology at Tel Aviv Sourasky Medical Center and participated in fellowships at New York University, NY, USA, and Sunnybrook Hospital, Toronto, Canada. Dr. Landau is the Past President of the Israeli Society for Dermatologic Surgery and a Founding President of the International Peeling Society. She has been a member of the American Academy of Dermatology for over 20 years. Dr. Landau gained recognition for her innovative approach to rejuvenating dermatology. She is a frequent speaker at national and international meetings on Dermatology, Cosmetic and Aesthetic dermatology, and minimally invasive dermatologic procedures. She has authored numerous chapters in Dermatology and Dermatologic Surgery textbooks. Over the last 20 years, Dr. Landau has dedicated herself to cosmetic and procedural dermatology, applying her knowledge of fundamental skin processes to daily cosmetic practice and scientific research. Dr. Landau is the author of more than 80 scientific articles and the co-author of chapters of 6 textbooks in dermatology and cosmetic dermatology.

Authors



DR. INGRID LÓPEZ GEHRKE

A dermatologist specializing in oncology and skin cancer, Dr. López Gehrke serves as the Medical Director at Haut Group, a dermatological clinic located in Mexico City. She completed her medical education at the University of Veracruz Medical School. She pursued a specialization in Dermatology and skin cancer. She also fulfilled her Social Service requirement at Mexico's General Hospital in 2009. She holds certification from the Mexican Dermatology Council and has a private practice specializing in dermatology, dermatological surgery, and oncology. She has significantly contributed to the field as the Medical Director at Haut Klinik, a private dermatological clinic. Dr. López Gehrke is recognized nationally and internationally as a speaker on high-impact pharmaceutical industry topics, focusing on global rejuvenation techniques involving hyaluronic acid, botulinum toxin, polycaprolactone, absorbable sustentation stitching, calcium hydroxyapatite, enzymatic therapy, and other specialized medical procedures. She is also a speaker for the Mexican Dermatology Foundation and an active member of various professional organizations, including the Mexican Dermatology Council, Mexican Academy of Dermatology, Mexican Dermatological Society, Mexican Foundation for Dermatology, Ibero-American Dermatological College, and the Mexican Onco-Dermatology Society. She has authored and co-authored numerous national and international medical and scientific journal articles and has contributed chapters to specialized medical books.



PROF. SHENG KANG LUO

Professor and Chairman of the Department of Plastic and Aesthetic Surgery at Guangdong Second Provincial General Hospital in China, he also holds the position of Visiting Professor at the University of Lausanne School of Medicine in Switzerland. His primary interests are aesthetic surgery of the face and breast and non-surgical facial medicine. With a career spanning over 25 years, he is a dedicated professor and plastic surgeon specializing in cosmetic surgery and non-surgical treatments. He is credited with developing a cohesive gel anatomical implant-based bi-dimensional system for preoperative breast assessment and measurement. His expertise extends to various aspects of facial rejuvenation, including face and neck lifts, brow and eyelid surgery, otoplasty, lip lifts, advanced hyaluronic acid filler treatments, botulinum toxin treatments, and more.



DR. NICHOLAS MÖLHOFF

Dr. Mölhoff graduated in 2017 from medical school at Ludwig-Maximilians-University of Munich. Since 2017, he has been a resident in the Division of Hand, Plastic, and Aesthetic Surgery at the University Hospital, LMU Munich. His primary focus is on plastic surgery. Dr. Mölhoff is also an author and co-author of many articles for international medical and scientific journals.

Authors



DR. VALERIE PHILIPPON

She is an aesthetic doctor in Paris, France, specializing in a holistic medical approach to positive pro-aging. Her field of expertise includes skin rejuvenation through a combination of chemical peels, cosmetics, mesotherapy, fillers, nutrition, and naturopathy.

Dr. Philippon is also an international trainer and speaker on aesthetic subjects, and she is enthusiastic about teaching her approach and injection techniques for improving skin quality. She is the author of various articles for consumers and scientific publications and serves as a speaker

at many international congresses. Dr. Valérie Philippon divides her time between a private practice in a medical center in Paris and her role as an International Trainer at FILLMED.



DR. ALENA SAROMYTSKAYA

She is a dermatologist, cosmetologist, specialist in injection and laser cosmetology, the Executive General Manager, and the owner of the Center for Aesthetic Medicine and Medical Cosmetology “Professional”, as well as the Training Center “Professional.” She also owns the plastic surgery clinic “Assol” and serves as a trainer at the Training Center “Professional”. She received her education from Volgograd State Medical University and completed her training at the Laser Academy of the Russian Federation. Dr. Saromytskaya is a lecturer and professor at

Volgograd Medical School. Her scientific interests span the field of laser cosmetology, fractional photothermolysis, new methods of treating scar tissue pathologies, biorevitalization through intradermal administration of hyaluronic acid, botulinotherapy in aesthetic medicine, and the correction of disfigurements using contour plastics. She is a speaker at numerous international congresses.

Authors



DR. RIEKIE SMIT

Dr. Smit earned her bachelor's in medicine and surgery from the University of Free State and then completed her Masters in Sports Medicine at the University of Pretoria. After completing numerous international educational courses in aesthetic medicine, she developed the officially accredited Advanced Diploma in Aesthetic Medicine in collaboration with FPD University in South Africa. Since 2010, she has been the course coordinator for this 2-year postgraduate diploma for doctors.

Dr. Smit operates a private aesthetic medical practice in Pretoria, South Africa. She is the founder and ex-officio president of the Aesthetic and Anti-aging Medicine Society of South Africa, serving as the Scientific Chairperson of the Aesthetic Medicine Congress of South Africa since 2006. Additionally, she is a senior faculty member at the American Academy of Aesthetic Medicine (AAAM), where she trains doctors in Asia, Africa, Europe, and the UK.

Dr. Smit is recognized globally as a Key Opinion Leader (KOL) and trainer for various industry aesthetic medical and pharmaceutical companies. She actively contributes to the development of local and international educational programs and courses. Furthermore, she authors chapters in textbooks, scientific publications, and public articles covering various topics in aesthetic medicine, including facial injectables, neuromodulators, thread lifting, skin rejuvenation, chemical peels, mesotherapy, PRP, Threadlift, Lasers, and LED treatments.



DR. ELINA THEODORAKOPOULOU

She is a licensed dermatologist in Greece and Dubai, specializing in regenerative aesthetics. She runs a private practice in Athens, Greece, and Dubai, UAE. Dr. Theodorakopoulou completed Dermatology elective rotations with honors at Johns Hopkins University and the University of Denver, USA. She holds a Ph.D. with honors in the pathophysiology and psychosocial impact of skin conditions such as psoriasis from the University of Manchester, UK. She also possesses extensive knowledge of clinical trials for psoriasis, eczema, and skin aging, gained through

her work as a clinical trials researcher at the Clinical Trials Unit, Salford Royal NHS Foundation Trust in Manchester, UK. During her Ph.D., she was an Academic Teaching Assistant for medical and dental sciences at the University of Manchester.

Dr. Theodorakopoulou's training in Aesthetic Dermatology is based in the USA and Canada, with experience at prestigious clinics including Shino Bay Cosmetic Dermatology Clinic in Miami, Dr. Val Lambros-Cornona Del Mal Clinic in California, the Colorado University Cosmetics Center in Denver, and the Victoria Park Medispa in Montreal. Her approach to aesthetics combines an artistic perspective with scientific knowledge, employing cutting-edge techniques and protocols. Her vision for the future of aesthetics leans towards a bioregenerative approach.

She has developed a unique aesthetic technique called "skin priming," a novel bioregenerative skin treatment offering pan-facial improvements. Dr. Theodorakopoulou is a published author and speaker. She is the first aesthetic provider in Greece to introduce the term "Dissolving clinic," where she addresses complications from injectables using facial ultrasound. She also trains junior and advanced injectors in regenerative aesthetics and is a national and international speaker on new advances in the field.



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