

METELLA DEI



VINCENZINA BRUNI

PAEDIATRIC and ADOLESCENT GYNAECOLOGY



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by **Metella Dei and Vincenzina Bruni**

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METELLA DEI



VINCENZINA BRUNI

PAEDIATRIC and ADOLESCENT GYNAECOLOGY



Officina Editoriale Oltrarno

*To Anita and Gabriele,
as they continue to climb
the rainbow of life.*



Presentation

This book is a comprehensive practical guide enriched with special auxiliary and illustrative materials. It is an absolute must-have for everyone interested in or working in the field of pediatric and adolescent gynaecology.

Written by well-known experts in the field, Vincenzina Bruni and Metella Dei, the book is based on their extensive clinical and pedagogical experience and unique ability to convey complex medical information in a simple and understandable way.

The book is intended for students, trainees, PAG fellows, and PAG specialists to deepen their knowledge in pediatric and adolescent gynaecology. The purpose of this book is to help to apply the acquired knowledge to your daily practice.

Prof. Zana Bumbuliene

President European Pediatric and Adolescent Gynecology Association

About this book

This book holds within it three hearts. The first heart beats with the rhythm of long-standing clinical experience in the field of Child and Adolescent Gynaecology. The second heart pulses with an equally extensive training activity, especially within the Italian Society of Child and Adolescent Gynaecology (SIGIA). The third heart is represented by the driving force of the European Paediatric and Adolescent Gynaecology Association colleagues who strongly supported the creation of this text, along with the contributions of the friends of SIGIA who provided suggestions and images.

This book is intended to be a guide for travelers, whether they are experienced or not. The organization of the text prioritizes a clinical approach while still maintaining a basic overview of etiopathogenesis, diagnostics, and therapeutic lines. Sometimes the starting point is the symptoms or clinical signs, and other times it may be a pathology, an age, or a specific situation. As with any self-respecting guide, there are numerous summary tables and figures included.

The large spaces dedicated to anamnestic indicators and counseling elements reflect the belief that for all medicine, but especially for that which addresses the developmental age, it is essential to have both data based on clinical evidence and a minimal competence in the collection and analysis of narratives.

The in-depth spaces usually contain notes on embryology, anatomical-physiological references, aspects of endocrine pathophysiology, or mechanisms of action of drugs. They have been designed as places that readers may or may not choose to explore, perhaps returning later.

The bibliography is akin to a light suitcase, filled with subjectively chosen materials: primarily guidelines, noteworthy meta-analyses, thorough investigations of related topics, and a few reference websites.

As with all written works, there may be exclusions and assertions that future medical knowledge will not uphold. Regardless, I wish you a pleasant journey!

The Authors

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