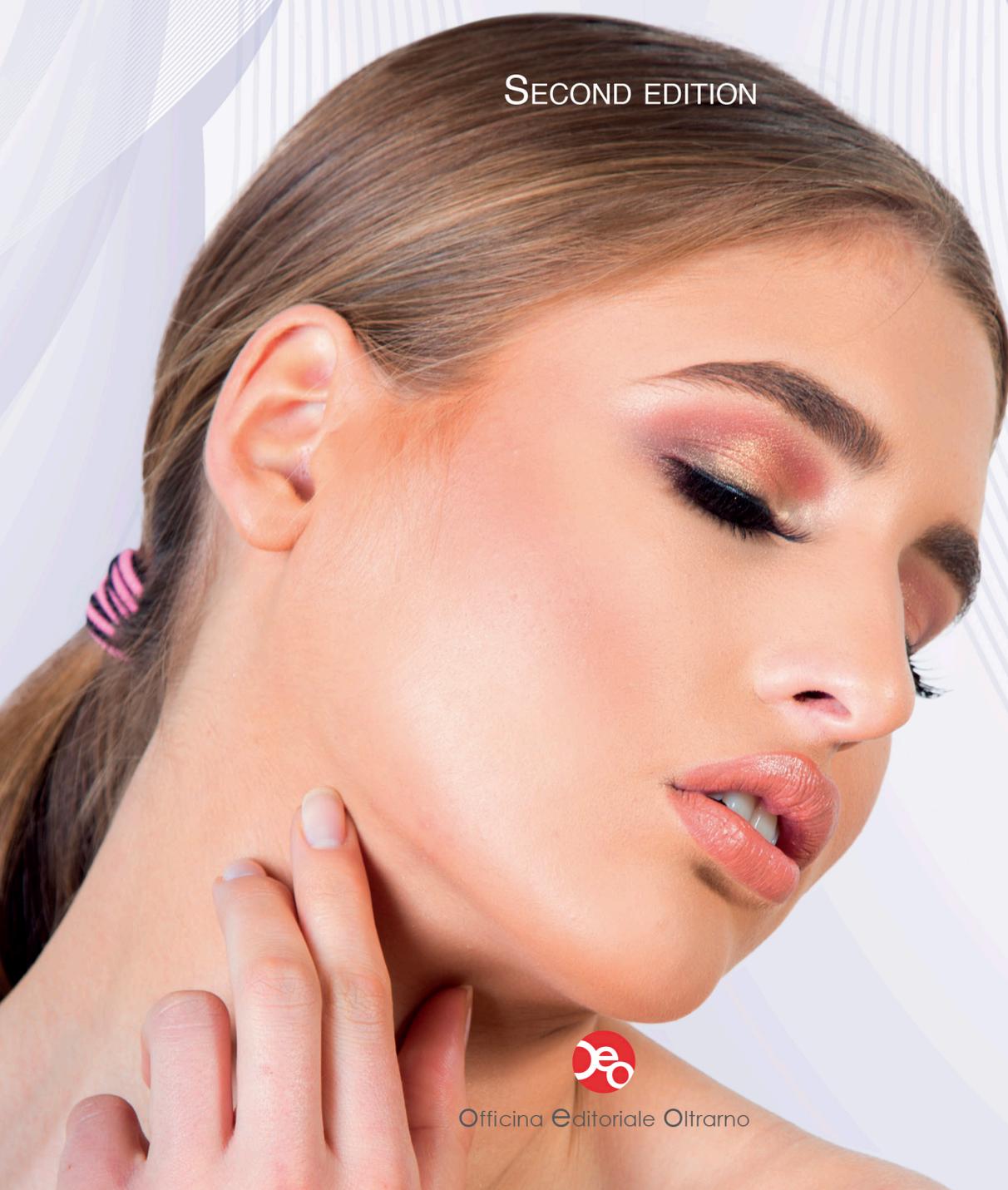


DANIEL SISTER

PRP: PLATELET RICH PLASMA

THE NEW FRONTIER IN REGENERATIVE AND AESTHETIC MEDICINE

SECOND EDITION



Officina Editoriale Oltramo

**PRP: PLATELET RICH PLASMA
THE NEW FRONTIER IN REGENERATIVE
AND AESTHETIC MEDICINE**

by Daniel Sister

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EXTRA CONTENTS



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The Publisher

DANIEL SISTER MD

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CO-WRITER
JEMMA PATTON



Officina Editoriale Oltrarno

PRESENTATION



Dr. Daniel Sister MD is a leading aesthetic practitioner and an innovator in his field, having introduced treatments including Radiesse, VI Peel, Polaris Laser, Carboxytherapy and Platelet Rich Plasma (PRP) - which he has developed into his own, the highly successful Dracula Therapy. In his clinical practice he is a leading authority on bio-identical hormones. Dr. Sister's work is meticulously researched and he keeps patient care and safety paramount when developing and introducing new treatments.

Although Dr Sister spends the majority of his time practicing aesthetic medicine, this book has universal benefits to anyone practicing medicine. The use of PRP in dentistry, sports medicine and wound healing are reasonably well documented, but this book is of relevance to practitioners across a wide range of medical conditions.

Dr. Sister is widely recognised as a reference point for the media, and frequently appears on television and radio, in print and online. He is a renowned lecturer, speaker and trainer worldwide, and contributes to several leading medical journals.

Following a successful 20-year career in journalism, Jemma Patton has spent the past four years working closely with Dr. Sister and Dracula PRP Therapy. During this time she has developed a profound understanding of aesthetic medicine and ensures that Dr. Sister and Dracula PRP Therapy are promoted around the globe.

Jemma contributes to several leading medical journals in order to help practitioners embrace both traditional and digital media and communicate their brand messages effectively. Her contribution as co-author ensures that this book is both valuable and accessible to practitioners interested in furthering their knowledge and understanding of PRP.

I am confident in saying that this book should be considered the definitive guide to Platelet Rich Plasma.

*David Hicks M.R.Pharm.S.
Chairman, Wigmore Medical Ltd.*

PREFACE

When I first discovered Platelet Rich Plasma I was excited at the prospect of an efficient, effective aesthetic treatment, with no side effects. I began experimenting, reading and researching, and I found that although the science was there, with absolute proof, the treatment itself was fairly unknown and not being used anywhere near as much as it should be.

I continued to read and research and became totally engrossed in the 'magic' of growth factors. I found much published research, studies and publications – but all in their own boxes. It was as if dentists do not share their research with orthopaedic specialists, and plastic surgeons do not share their data with sport medicine specialists.

I've seen for myself how much this treatment can benefit my patients, not just in the area of facial rejuvenation, but with healing scars, fixing sports injuries and thickening of hair. The possibilities are limitless.

I realised that what was missing was a book covering all of the different indications, with the relevant references to prove the credibility of PRP. So that became my obsession – my mission if you like!

My wish is that this book opens the eyes of my colleagues, that it leads to more indications, more discoveries and of course, many more happy patients.

Dr. Daniel Sister

DANIEL SISTER MD



Dr. Daniel Sister is a world-renowned cosmetic, anti-ageing and hormone specialist. Since receiving his medical doctorate at the Paris Medical School he has built a global reputation specialising in minimally invasive anti-ageing procedures and hormone treatments.

He has practiced at many of the world's premier clinics and his extensive research studies and expertise are sought-after by the beauty, anti-ageing, nutrition and complementary medical communities. His client list extends to celebrities including actors, singers and politicians.

A market leader and pioneer, Dr. Sister has introduced a number of groundbreaking treatments to the UK market, including the highly successful Dracula Therapy, Dr. Sister's unique version of Platelet Rich Plasma therapy (PRP), which has attracted worldwide attention.

Dr. Sister has travelled the globe lecturing and training doctors and other medical professionals in the use of PRP. He conducts seminars and holds monthly training sessions for practitioners in London.

AUTHOR

He has had articles published in many prestigious medical journals including Body Language, the UK & International Journal of Medical Aesthetics and Anti-Ageing and Prime, the World Journal of Aesthetics and Anti-Ageing Medicine.

Dr. Sister is regularly quoted in national and international media, and has written seven medical books during his career, including co-writing Your Hormone Doctor, a consumer guide aimed at helping women handle the unwanted effects of hormonal imbalances.

His academic affiliations & physician references are as follows:

General Medical Council (UK)
British College of Aesthetic Medicine
World Society Interdisciplinary Anti Aging
Medicine
New York Academy of Sciences
Royal Academy of Medicine (Fellow)
Care Quality Registered
Registered with the Norwegian
Registration Authority for Health
Personnel (SAK)

JEMMA PATTON



A journalist, editor and digital communications expert, Jemma has contributed to a wide range of high profile publications, including consumer and trade magazines, newspapers and websites. She has also had three books published and in 2008 she received an award at the Johnson and Johnson Beauty Journalism Awards.

Her passion for beauty and aesthetics has ensured that Jemma has worked with many high profile beauty brands, providing reputation management, and utilising both social media and digital PR to further marketing and communications in order to successfully drive both sales and awareness.

Since 2012 she's worked with Dr. Daniel Sister and Dracula PRP Therapy. Her work and dedication to this treatment has established Dr. Sister as the worldwide expert on PRP, and Dracula Therapy as the premium PRP system internationally.

Jemma ensures both Dr. Sister and Dracula Therapy are regularly included in both the medical, professional and mainstream press, that the treatment is demonstrated and discussed at key live events, and included in relevant television programming.

CO-WRITER

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